

Joanne Morgan

Neuro Linguistic Programming Therapist,
Life Coach and Mentor



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Joanne Morgan is a Wellness therapist with a difference. She likes to work with all aspects of the Human Being: including the mental, the emotional, the physical and the energetic bodies. She is a highly regarded therapist with over 15 years' experience in the industry and has clients located internationally.

Joanne first qualified and worked as a Life Coach for many years and then decided to incorporate some healing into her expertise and trained in Integrated Energy Therapy. Joanne's philosophy is: when energy flows, health flourishes.

She then went on to train in Neuro-Linguistic-Programming and Emotional Release work. Using a combination of all these techniques, she can now work on bringing all aspects of her clients back into alignment and harmony. She can help with Mental Programming, Releasing Emotions, Raising Energy vibration which in turn helps the physical body return to ease. Joanne helps clients find a better way to live by providing the space for them to re-energize and heal.

Integrated Energy Therapy (IET)

75 minutes | \$300

Integrated Energy Therapy is a beautiful and gentle healing modality that clears any energy blockages in the body and releases any suppressed pain.

As we journey through life, the flow of energy can become restricted or limited, these restrictions are often referred to as energy blockages.

Some causes of energy blockages are physical trauma, surgery, disease, exhaustion, emotional crisis, suppressed feelings & emotions, stress, fear, self-limiting beliefs and thoughts. These blockages limit our joy and experience of life and can result in lack of spontaneity, energy depletion and low mood.

By working on key energy points, a healing session will remove any blocks in your energy field. It will cleanse and balance your energy centres (chakras) giving you a feeling of freedom, flow and vibrancy!

All prices are subject to a 10% service charge and all prevailing government taxes.

Neuro Linguistic Programming (NLP)

\$250 Per Hour

Neuro Linguistic Programming involves working with the subconscious mind. It is a very gentle one to one conversational type session with profound results. Joanne works with people who have gone through major stresses, trauma and unhappiness as well as people who are feeling okay but want to feel even better.

The Quantum Release (emotional release) technique is an ideal solution if you are carrying emotional baggage from the past that you would like to leave behind. Once we correct the inside, the outside will fall into place.

NLP (or Neuro Linguistic Programming) is a technique that basically helps us to find out and understand the truth of what is happening internally so that you can make the appropriate changes to live the life you want and deserve. NLP is for you if you want to stop holding yourself back, learn how to be stress free, be healthier, have great relationships and just enjoy your life!

All prices are subject to a 10% service charge and all prevailing government taxes.

Life Coaching

\$250 Per Hour

Joanne is a Life Coach who focusses on wellness and enjoys helping her clients building happier and more meaningful lives.

Life Coaching can help you gain clarity in your life and look at areas where you can make progress in order to attain greater fulfilment. This can be achieved by examining language and behaviours and identifying where improvements can be made by reducing any limiting beliefs and behaviours.

Joanne loves to share strategies to help and support clients on their journey to achieving long-lasting change.

If you feel any of the following, life coaching would be ideal for you:

- Frequent irritability
- High levels of stress and/or anxiety
- Inability to break bad habits
- Lack of fulfilment in your life
- Persistent feeling of dissatisfaction at work and life
- Sense of blocked creativity
- Difficulty in relationships
- Lack of balance and well-being in life

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